

## **Basic First Aid**

### **First aid explained**

<https://www.medicaltracker.co.uk/resources/first-aid-in-pshe/>

<https://firstaidforlife.org.uk/first-aid-courses/first-aid-for-children-school/free-teaching-resources/>

videos

<https://www.youtube.com/watch?v=2mNFG1cY83g&list=PLmPSel131uarJUVlbbJ5xsQmBn17VoNbe>

<https://firstaidforlife.org.uk/first-aid-courses/first-aid-for-children-school/free-teaching-resources/>

First aid resources

<https://www.schoolwellbeing.co.uk/pages/health-education-basic-first-aid>

Red Cross **First aid champions** is a brand new online teaching platform for learners ages 5–18.

<https://firstaidchampions.redcross.org.uk/primary/guidance-and-support/home-learning-pathway/>

<https://www.redcross.org.uk/get-involved/teaching-resources/first-aid-and-the-bystander-effect-teaching-resources>

St Johns ambulance

<https://www.sja.org.uk/get-advice/a-z-of-first-aid-teaching-courses/first-aid-for-pshe-teaching-resources/>

St John Ambulance

Videos demonstrating first aid

<https://www.youtube.com/user/stjohnambulance>

<https://www.theschoolrun.com/first-aid-skills-for-children>

## Primary first aid courses

<https://www.sja.org.uk/course-information/training-for-pupils/pupil-first-aid-courses/first-aid-courses-for-primary-schools/>

## Free first aid lessons St John Ambulance

<https://www.sja.org.uk/get-advice/key-stage-first-aid-lesson-plans/key-stage-2-first-aid-lesson-plans/>

How to call 999

<https://www.how2become.com/blog/safety-kids-call-999-emergency/>

How to call 999

<https://www.emas.nhs.uk/news/latest-news/2017-news/would-your-child-know-how-to-make-an-emergency-999-call/>

How to call in an emergency – First Aid champions

<https://firstaidchampions.redcross.org.uk/primary/safety/calling-999/>

How to put on a bandage

<https://www.sja.org.uk/get-advice/first-aid-advice/how-to/how-to-put-on-a-bandage/>

Bites and stings SJA

<https://www.sja.org.uk/get-advice/key-stage-first-aid-lesson-plans/key-stage-2-first-aid-lesson-plans/>

Emergencies and calling for help lesson plan

<https://www.sja.org.uk/get-advice/key-stage-first-aid-lesson-plans/key-stage-2-first-aid-lesson-plans/ks2-calling-for-help-lesson-plan-and-teaching-resources/>

## Choking



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ks2-a24-digestive-process.docx



ks2-a23-choking-workd-search.docx



ks2-a22-signs-and-symptoms-of-choking.



choking-home\_learning\_pack.docx



ks2-your-turn-choking.pptx



ks2-choking-lesson-plan.docx



ks2-choking.pptx

Trust me I'm a doctor – Choking

<https://www.bbc.co.uk/programmes/p01jws1v>

Trust me I'm a doctor – Allergic reaction

<https://www.bbc.co.uk/programmes/p03fdcpf>

How to treat nosebleeds

[https://www.youtube.com/watch?time\\_continue=80&v=PmmhxW0vVXA&feature=emb\\_title](https://www.youtube.com/watch?time_continue=80&v=PmmhxW0vVXA&feature=emb_title)



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ks2-a26-answer-sheet.docx



ks2-a4-hazards-and-emergencies-and-call spotting-danger.docx



a50-hazards-scene\_drawing-for-help-lesson-plan-your-own.docx



ks2-your-turn-calling-for-help.pptx



ks2-emergencies-and-calling-for-help2020.



ks2-a27-emergency-services.docx



Everyday First Aid.pptx