**Internet safety and harms**

Balancing screen time

[**https://www.internetmatters.org/resources/screen-time-tips-to-support-7-11-year-olds/**](https://www.internetmatters.org/resources/screen-time-tips-to-support-7-11-year-olds/)

**Screen time tips**

[**https://www.youtube.com/watch?v=B7pJrdRzwF0**](https://www.youtube.com/watch?v=B7pJrdRzwF0)

**How much is too much?**

[**https://www.youtube.com/watch?v=fVALeerZpd4**](https://www.youtube.com/watch?v=fVALeerZpd4)

**Decreasing screen time**

[**https://healthpoweredkids.org/lessons/decreasing-screen-time/**](https://healthpoweredkids.org/lessons/decreasing-screen-time/)

**Digital wellbeing**

[**https://www.childnet.com/parents-and-carers/hot-topics/digital-wellbeing**](https://www.childnet.com/parents-and-carers/hot-topics/digital-wellbeing)

**How much time should I spend online?**

[**https://www.childnet.com/young-people/primary/get-answers/how-much-time-should-i-spend-online**](https://www.childnet.com/young-people/primary/get-answers/how-much-time-should-i-spend-online)

**Limit screen time article**

[**https://www.actionforhealthykids.org/activity/limit-screen-time/**](https://www.actionforhealthykids.org/activity/limit-screen-time/)

**Being respectful online**

[**https://www.bbc.co.uk/bitesize/clips/z9rw7ty**](https://www.bbc.co.uk/bitesize/clips/z9rw7ty)

**Out of your hands**

[**https://www.outofyourhands.com/online-safety/**](https://www.outofyourhands.com/online-safety/)

**Share Aware NSPCC**

[**https://learning.nspcc.org.uk/research-resources/schools/share-aware-teaching**](https://learning.nspcc.org.uk/research-resources/schools/share-aware-teaching)

**Trolling and cyber bullying**

[**https://www.bbc.co.uk/teach/class-clips-video/pshe-computing-gcse-trolling-and-cyber-bullying/zhpyf4j**](https://www.bbc.co.uk/teach/class-clips-video/pshe-computing-gcse-trolling-and-cyber-bullying/zhpyf4j)

**Cyberbullying KS2**

[**https://www.bbc.co.uk/teach/class-clips-video/pshe-ks2-text-bullying/zvgdt39**](https://www.bbc.co.uk/teach/class-clips-video/pshe-ks2-text-bullying/zvgdt39)

**Bullies out- trolling**

[**https://bulliesout.com/need-support/young-people/trolling/**](https://bulliesout.com/need-support/young-people/trolling/)

**Cyberbullying quiz**

[**https://www.educationquizzes.com/ks2/personal-social-and-health-education/cyber-bullying/**](https://www.educationquizzes.com/ks2/personal-social-and-health-education/cyber-bullying/)

**E-safety course- my online identity**

[**https://www.teachwire.net/teaching-resources/e-safetycourse-1myonlineidentity-lesson-plan-for-ks1-to-ks2**](https://www.teachwire.net/teaching-resources/e-safetycourse-1myonlineidentity-lesson-plan-for-ks1-to-ks2)

**NSPCC online training safety**

[**https://learning.nspcc.org.uk/training/online-safety**](https://learning.nspcc.org.uk/training/online-safety)

**Digital literacy and citizenship**

[**https://digital-literacy.org.uk/**](https://digital-literacy.org.uk/)

**Huge list of resources for online safety**

[**https://www.kelsi.org.uk/child-protection-and-safeguarding/e-safety/e-safety-classroom-materials**](https://www.kelsi.org.uk/child-protection-and-safeguarding/e-safety/e-safety-classroom-materials)

**Think u know**

[**https://www.thinkuknow.co.uk/**](https://www.thinkuknow.co.uk/)

**Jessie and friends**

[**https://www.thinkuknow.co.uk/professionals/resources/jessie-and-friends**](https://www.thinkuknow.co.uk/professionals/resources/jessie-and-friends)

**Play like share**

[**https://www.thinkuknow.co.uk/professionals/resources/play-like-share**](https://www.thinkuknow.co.uk/professionals/resources/play-like-share)

**Childnet**

[**https://www.childnet.com/**](https://www.childnet.com/)

**Know it all- Childnet**

[**https://www.childnet.com/resources/kia/know-it-all-for-primary**](https://www.childnet.com/resources/kia/know-it-all-for-primary)

**Smartie the penguin**

[**https://www.childnet.com/resources/smartie-the-penguin**](https://www.childnet.com/resources/smartie-the-penguin)

**Digiduck stories**

[**https://www.childnet.com/resources/digiduck-stories**](https://www.childnet.com/resources/digiduck-stories)

**Childnet posters**

[**https://www.childnet.com/resources/digiduck-stories**](https://www.childnet.com/resources/digiduck-stories)

**Online safety stories**

[**https://www.theeducationpeople.org/blog/online-safety-storybooks/**](https://www.theeducationpeople.org/blog/online-safety-storybooks/)

**BBC Own it**

[**https://www.bbc.com/ownit**](https://www.bbc.com/ownit)

**Caught in the web- Newsround**

[**https://www.bbc.co.uk/newsround/13908828**](https://www.bbc.co.uk/newsround/13908828)

**Evaluating digital content KS2**

[**https://www.bbc.co.uk/bitesize/clips/zw8mtfr**](https://www.bbc.co.uk/bitesize/clips/zw8mtfr)

**Should I trust everything I read on the web**

[**https://www.bbc.co.uk/bitesize/topics/zv63d2p/articles/zt9thyc**](https://www.bbc.co.uk/bitesize/topics/zv63d2p/articles/zt9thyc)

**How do you know if you can trust a website**

[**https://www.bbc.co.uk/bitesize/articles/zq39vwx**](https://www.bbc.co.uk/bitesize/articles/zq39vwx)

**primary resources – privacy and cookies**

[**https://www.primaryresources.co.uk/faqs/cookies.html**](https://www.primaryresources.co.uk/faqs/cookies.html)

**How does the internet search work**

[**https://www.bbc.co.uk/bitesize/articles/zn6vgwx**](https://www.bbc.co.uk/bitesize/articles/zn6vgwx)

**Safer internet day – teaching resources**

[**https://www.bbc.co.uk/teach/safer-internet-day-resources/z6bbhbk**](https://www.bbc.co.uk/teach/safer-internet-day-resources/z6bbhbk)

**Internet matters**

[**https://www.internetmatters.org/schools-esafety/primary/teaching-resources/**](https://www.internetmatters.org/schools-esafety/primary/teaching-resources/)

**Harmful online content**

[**https://swgfl.org.uk/magazine/harmful-content-online-an-explainer/**](https://swgfl.org.uk/magazine/harmful-content-online-an-explainer/)

**How much do you know about the age restrictions on video games KS2**

[**https://www.actionforchildren.org.uk/blog/video-game-age-restrictions/**](https://www.actionforchildren.org.uk/blog/video-game-age-restrictions/)

**Online safety advice for 6-10 year old Internet matters**

[**https://www.internetmatters.org/advice/6-10/**](https://www.internetmatters.org/advice/6-10/)

**LGFL Resources Huge list of resources**

[**https://www.lgfl.net/online-safety/resource-centre?a=2**](https://www.lgfl.net/online-safety/resource-centre?a=2)

**Advice and tips for staying safe online**

[**https://www.bbc.co.uk/newsround/13910067**](https://www.bbc.co.uk/newsround/13910067)

**Get safe online**

[**https://www.getsafeonline.org/**](https://www.getsafeonline.org/)

**Post to be private**

[**https://www.nsteens.org/Videos/Post-to-bePrivate**](https://www.nsteens.org/Videos/Post-to-bePrivate)

**Online reputation checklist**

[**https://www.childnet.com/ufiles/Online%20Reputation%20Checklist.pdf**](https://www.childnet.com/ufiles/Online%20Reputation%20Checklist.pdf)

**Staying safe online**

[**https://www.catch-22**](https://www.catch-22)**.**

**org.uk/news/staying-safe-online-poster-hub/?gclid=EAIaIQobChMI\_I-BwJu57AIVFu3tCh1g0Q2EEAAYASAAEgJ10\_D\_BwE**

**Your digital footprint – Out of your hands**

[**https://www.outofyourhands.com/online-safety/your-digital-footprint/**](https://www.outofyourhands.com/online-safety/your-digital-footprint/)

**Lee and Kim 5-7 staying safe online**

[**https://www.youtube.com/watch?v=-nMUbHuffO8**](https://www.youtube.com/watch?v=-nMUbHuffO8)

**8 top tips for staying safe online**

[**https://www.bbc.co.uk/cbbc/findoutmore/help-me-out-staying-safe-online**](https://www.bbc.co.uk/cbbc/findoutmore/help-me-out-staying-safe-online)

**Think U Know – Online friends**

[**https://www.thinkuknow.co.uk/11\_13/need-advice/online-friends/**](https://www.thinkuknow.co.uk/11_13/need-advice/online-friends/)

**What would you do if?**

[**https://static.lgfl.net/LgflNet/downloads/online-safety/LGfL-OS-Pupil-scenario-discussion-cards.pdf**](https://static.lgfl.net/LgflNet/downloads/online-safety/LGfL-OS-Pupil-scenario-discussion-cards.pdf)

**E-safety topic**

[**https://www.hamilton-trust.org.uk/topics/key-stage-1-topics/e-safety-mini-topic/e-safety-mini-topic-ks1/**](https://www.hamilton-trust.org.uk/topics/key-stage-1-topics/e-safety-mini-topic/e-safety-mini-topic-ks1/)

**Clever never goes**

[**https://www.safe4me.co.uk/portfolio/clever-never-goes/**](https://www.safe4me.co.uk/portfolio/clever-never-goes/)

**Digital footprint**

[**https://www.bbc.co.uk/teach/class-clips-video/pshe-computing-gcse-digital-footprint/zfygbdm**](https://www.bbc.co.uk/teach/class-clips-video/pshe-computing-gcse-digital-footprint/zfygbdm)

**Live my digital for students**

[**https://www.bing.com/videos/search?q=digital+footprint+ks2&docid=608039529775694831&mid=7BCBD01370D4D909B3697BCBD01370D4D909B369&view=detail&FORM=VIRE**](https://www.bing.com/videos/search?q=digital+footprint+ks2&docid=608039529775694831&mid=7BCBD01370D4D909B3697BCBD01370D4D909B369&view=detail&FORM=VIRE)

**Your digital footprint**

[**https://www.bing.com/videos/search?q=digital+footprint+ks2&docid=608025197403572675&mid=F6192966A14CB87B58BDF6192966A14CB87B58BD&view=detail&FORM=VIRE**](https://www.bing.com/videos/search?q=digital+footprint+ks2&docid=608025197403572675&mid=F6192966A14CB87B58BDF6192966A14CB87B58BD&view=detail&FORM=VIRE)

**Staying safe online quiz**

[**https://www.nspcc.org.uk/globalassets/documents/fundraising/number-day/number-day-resources-2018/online-safety-quiz-ks2.pdf**](https://www.nspcc.org.uk/globalassets/documents/fundraising/number-day/number-day-resources-2018/online-safety-quiz-ks2.pdf)

**Being respectful online**

[**https://www.bbc.co.uk/bitesize/clips/z9rw7ty**](https://www.bbc.co.uk/bitesize/clips/z9rw7ty)

**Talking safely online**

[**https://digital-literacy.org.uk/curriculum-overview/year6/year-6-sol-(1).aspx/**](https://digital-literacy.org.uk/curriculum-overview/year6/year-6-sol-%281%29.aspx/)

**Healthy relationships – Childnet**

**Thinkuknow- online safety kits for professionals teaching primary**

[**https://www.thinkuknow.co.uk/professionals/resources/online-safety-toolkits/**](https://www.thinkuknow.co.uk/professionals/resources/online-safety-toolkits/)