

KS1: Year 1/2 Lesson 1 Resource 2: Feelings vocabulary cards A B



happy		excited
sad	angry	bored
calm	upset	scared
silly	worried	shy
confused	embarrassed	lonely
ashamed	confident	grumpy
comfortable	nervous	

KS1: Year 1/2 Lesson 1 Resource 3: Feelings scenarios 🕢

Amir has heard that his best friend might be moving to a new school.

- His tummy aches
- He keeps crying
- He wants to be left alone

Feeling:....

Mia's dad works in another country. Tonight she will get to video call her dad for the first time in ages.

- Her tummy is tingling
- She can't keep still and jumps around a lot
- Her voice is very loud

Feeling:.....

Jade's favourite song is playing on the radio

- She smiles
- Her body is relaxed and calm
- She laughs at her little brother's dancing

Feeling:.....

Ty accidentally call his teacher 'mummy' and some children laugh at him.

- His face goes red
- His body gets hot
- He wants to run away

Feeling:.....

Mo sees an image on her screen that someone she doesn't know sent her.

- Her arms and legs are shaking
- She finds it hard to breath
- She her body goes cold

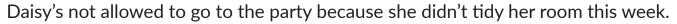
Feeling:.....











- Her body is hot and tense
- She wants to throw something
- She shouts at her sister

Feeling:.....

Carlos has got his best score ever on this week's spelling test. He knows he's getting better and is pleased that he practised.

- He stands up tall
- His body is calm
- He smiles and laughs

Feeling:.....

Maddy's family aren't going on holiday again this year. She heard her friend talking about the holiday that he is going on where there is an ice-cream fountain in the hotel — and it's all you can eat!

- Her tummy is in knots
- She says nasty things to her friend
- She pretends that she doesn't like her friend anymore

Feeling:.....

Leo has started at a new club but he doesn't know anyone there and no one has spoken to him or played with him yet.

- He thinks he might be sick
- He doesn't smile
- He wants to be invisible

Feeling:.....









