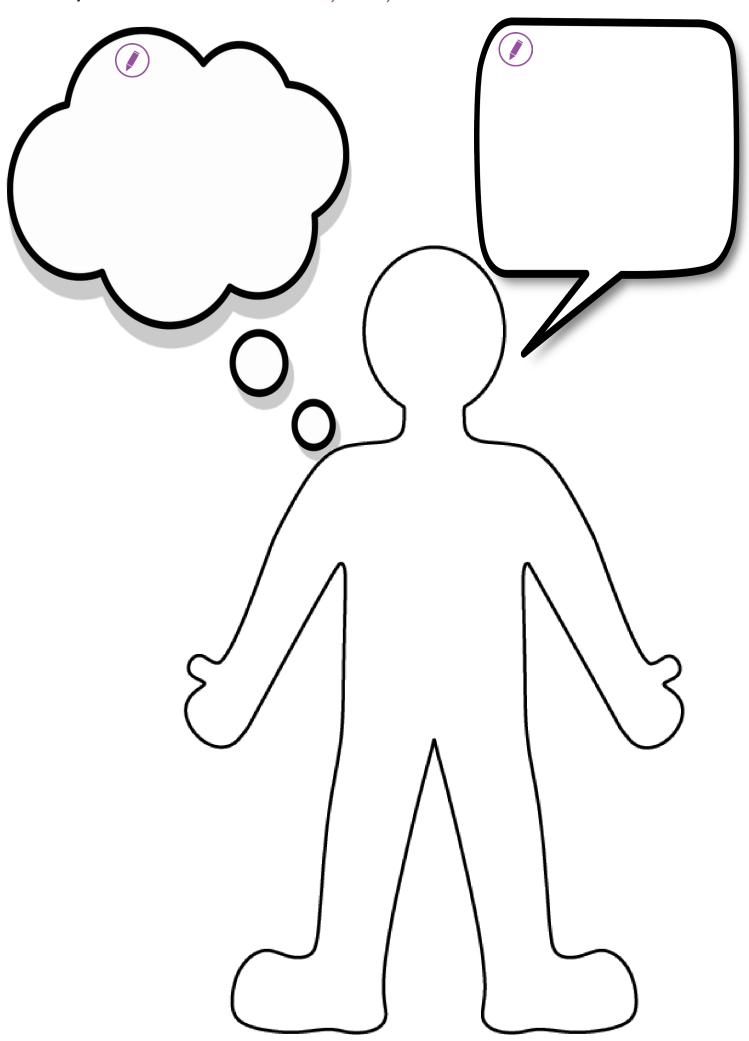
Year 3 / 4: Lesson 3 Resource 1: Head, heart, hands





jump up and down

Shout at someone

scream

shake head

cry

hug someone

kick something

hit something

hide

be quiet

back away

smile

punch

stamp feet

say something bad

face goes red

surprise

anger

sadness

excitement

fear

disappointment

#### Year 3 / 4: Lesson 3 Resource 3: Think, feel, do scenarios



tear 3 / 4: Lesson 3 Resource 4: Part I, Inink, teel, do
<b>FEEL</b> — How is the character feeling? What words can you use to describe this?
<b>THINK</b> — How might the character react? What physical reaction might they have or what physical action might they take? Is this ok in this situation? Why?/Why not?
DO — What would help the character at the time of this situation? What could or should they do? Should the character do anything after the situation?

#### Year 3 / 4: Lesson 3 Resource 4: Part 2, Think, feel, do...

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<b>ter</b> the	situation,	who shoul	ld the cha	racter talk	to? What s	hould they	y say?
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<b>ter</b> the	e situation,	who shoul	ld the cha	racter talk	to? What s	hould they	y say?

### **Parent**

# Teacher

# Friend

### Someone else

# Website

# Text / phone helpline

### No one